

## Council on Aging

### Population served:

One hundred twenty-five of Warwick's citizens were 65 or older according to the street list Town Clerk Jeannette Fellows compiled.

### Funding:

In Fiscal year '10 Warwick was awarded a \$3,500 grant from the Commonwealth of Massachusetts Elder Council on Aging as one of three towns (Orange, Royalston and Warwick) collaborating in an annual grant proposal written by Cliff Fournier of Orange; Warwick's Annual Meeting allocated another \$210 for council expenses, for a total of \$3,710 for Fiscal Year 2010.

### Grant funds provided in FY'10 included:

\$360 for blood pressure screening (about 10 regular attendees)

\$200 for influenza vaccine administered by Clara Thompson, R.N. (about 90 attendees)

\$900 for foot screening (about 10 regular attendees)

### Miscellaneous:

\$270 for kitchen supplies of the senior meals

\$840 to pay local residents for doing chores for elders no longer physically able to do themselves (70 hrs.)

### Nutrition:

\$1000 for food preparation and service (in general, about fourteen individuals were served at each Tuesday luncheon for a total of about 800 meals for fiscal year '10 under the auspices of Franklin Home Care Corporation (FCHCC), which arranges for meals to be prepared at the Orange Armory.

### Transportation:

\$20 for the medical hospital visit.

We were also awarded \$1000 for a 20 weeks Tai Chi exercise program for one hour with 10 – 12 attendees.